

### Directions

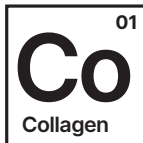
Adults, add 1 level scoop of powder to 250ml water or juice. Collagen dissolves more effectively when shaken rather than stirred. It can be used in a cold or warm drink though it will dissolve better under tepid conditions. Do not exceed recommended daily dose.

### Product Information

1 scoop (10.35g) typically provides

		% NRV*
Vitamin C	180mg	225%
Thiamin (Vitamin B1)	4mg	364%
Riboflavin	6mg	429%
Niacin	17mg	106%
Vitamin B6	4mg	286%
Folic Acid	200µg	100%
Vitamin B12	10µg	400%
Biotin	200µg	400%
Pantothenic Acid (Vitamin B5)	21mg	350%
Hydrolysed Marine Collagen (93% Protein)	10g	
Hyaluronic Acid	25mg	

\*NRV = Nutrient Reference Value



# Collagen Plus

Powdered Food Supplement, providing  
Marine Collagen, Hyaluronic Acid,  
Vitamin C & B Vitamins

### Ingredients

Hydrolysed Marine Collagen (**fish**), Vitamin C (as Calcium Ascorbate), Sodium Hyaluronate, Pantothenic Acid (as Calcium Pantothenate), Niacin (as Nicotinamide), Riboflavin, Thiamin (as Hydrochloride), Vitamin B6 (as Pyridoxine Hydrochloride), D-Biotin, Folic Acid, Vitamin B12 (as Methylcobalamin).

Allergy Advice Potential allergens are shown in **bold** in the ingredient list. Although rigorous precautions are taken to prevent any cross-contamination, this product is manufactured in a facility that handles allergy-based materials.

### Cautions

Always consult your health practitioner before taking nutritional supplements, especially if you are taking medication or are under medical supervision. You should not take supplements as a substitute for a varied balanced diet or healthy lifestyle.

Store in a cool, dry & dark place, under 25 degrees, out of reach of children. Not suitable for vegetarians or vegans.

### Best Before

For best before end and batch number see base.

Vitamin C contributes to normal collagen formation for the normal function of skin, bones and cartilage. Riboflavin, Biotin & Niacin contribute to the maintenance of normal skin.

10g Collagen per serving

300g

Manufactured to the GMP code of practice for:

Cubed 6-7,  
Waterside,  
Station Road,  
Harpden  
AL5 4US

